

**Helping Hands UP  
Committee Meeting**  
February 22, 2023  
5:30 pm. pm to 6:30 pm

Join Zoom Meeting

<https://us02web.zoom.us/j/87940124620?pwd=azVYcm1vTUhpeDEyRmxBZmtlanlodz09>

Meeting ID: 879 4012 4620

Passcode: 169321

+13017158592

**Agenda**

1. **Minutes:** Review and vote on January meeting minutes (No meeting was held in December 2022).
2. Administrative
  - a. Member services provided
  - b. HHUP Member and Volunteer Listserve (Peggy)
3. New and Continuing Business
  - a. Erica Greenspan (UP Resident, Gerontological Social Worker) – Counseling Services – Update
  - b. Kimberly Arbothnot – Healthy Cooking and Clean Eating; Discuss her proposal liability questions
4. Recent and Upcoming Events
  - a. Potential seminars: Exploring the Medical Cannabis Card - Discussion and research will be continued after the first of the year.
  - b. Brainstorm other 2023 Activities
    - i. Mary will check with Artworks Now about arranging a class for HHUP members
    - ii. Debbie and Edmond will research an instructional class for iPhone photography
    - iii. Linda and Edmond will research a Sunday concert/reception at The Clarice, May 7. Linda to contact Jane Hirshberg to explore receptions.
    - iv. All agreed that we should again hold a Fall Party (Linda volunteered her home)

- v. Discuss Spring newsletter
  - c. February Lunch Club Recap (Riviera Tapa's)
  - d. March Lunch Location? (Mary Love to explore The Hall and Alamo; Victoria Greenspan to explore new middle eastern restaurant at College Park town hall.)
  - e. Corridor Conversations (HHUP cohosts)
    - i. Erica Greenspan
    - ii. Donation?
  - f. Conversational Spanish - Wednesday's 3pm, via Zoom
5. Budget
6. Other Business
7. Next meeting – February 22, 2023

This meeting is open; the public is welcome to attend. Pursuant to the provisions of the Americans with Disabilities Act, any person requiring special accommodations to participate in this meeting is asked to advise the Town 72 hours before the meeting by contacting the Town office at 301-927-4262.