

**Helping Hands UP
Committee Meeting**
January 25, 2023
5:30 pm. pm to 6:30 pm

Join Zoom Meeting

<https://us02web.zoom.us/j/82698883935?pwd=cjhtcFVwSHJOcWhoVmZzQi9DQ013QT09>

Meeting ID: 826 9888 3935

Passcode: 534149

+1 301 715 8592 US

Agenda

1. **Minutes:** Review and vote on November 2022 meeting minutes.
2. Administrative
 - a. HHUP Member and Volunteer Listserve – Research ongoing
3. New and Continuing Business
 - a. Erica Greenspan (UP Resident, Gerontological Social Worker) – Counseling Services
4. Recent and Upcoming Events
 - a. Potential seminars: Exploring the Medical Cannabis Card - Discussion and research will be continued after the first of the year.
 - b. Brainstorm other 2023 Activities
 - c. January Lunch Club Recap (Denny's)
 - d. February Lunch Location? 2/15
 - e. Corridor Conversations (UP cohosts)
 - i. Member Gerry Hendershot is on the calendar for January
 - f. Conversational Spanish - Wednesday's 3pm, via Zoom
5. Budget
6. Other Business
7. Next meeting – February 22, 2023

This meeting is open; the public is welcome to attend. Pursuant to the provisions of the Americans with Disabilities Act, any person requiring special accommodations to participate in this meeting is asked to advise the Town 72 hours before the meeting by contacting the Town office at 301-927-4262.